

Person-Centered Thinking Training



Help residents maintain positive control over their lives.



TEXAS
Health and Human
Services

Quality Monitoring Program

An interactive two-day training session for nursing facility staff, especially staff supporting people with dementia or those with intellectual and developmental disabilities.

Learn to balance both what is **important to** and **important for** the people you serve through three skill sets: **discovery and listening, everyday learning and management.**

Gain a deeper understanding of the people you support, and help them develop lives they value.

- Contact your Quality Monitoring staff to schedule a training by emailing us at TQM@dads.state.tx.us.
- Follow the Texas Nursing Facility Quality Improvement Coalition on Facebook.
- Sign up for provider alerts and more by clicking **Subscribe** at hhs.texas.gov.
- Visit hhs.texas.gov/qmp, click on **View All Best Practices** and select **Alzheimer's Disease and Dementia Care**.

Schedule a training session today to:

- Learn how to improve your practice by helping residents maintain positive control over their lives.
- Be empowered to learn more about residents.
- Gain greater job satisfaction.



Person-centered thinking improves care and quality of life.

Person-centered practices can give people access to the full benefits of community living. When service resources are person-centered, people can better achieve their goals and improve their quality of life.

At the training, you will practice:

- Discovery and listening skills that help you collect and sort information to gain a better understanding of the people you support.
- Everyday learning skills that help you organize information from everyday situations to build knowledge and identify next steps.
- Management skills to assist in allocation of and support for staff.